

Wettkampf 39 - 400m Freistil weiblich - offen, Jahrgang, SMK

Pflichtzeiten

2012: 05:46,24 2011: 05:33,90 2010: 05:28,21 2009: 05:25,09 2008: 05:24,06 2007: 05:22,19
2006 und älter: 05:17,29

SMK - Jahrgang 2015

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|----|---|------|--------------------------|----------|-----|
| 1. | Adeline Pierre-Louis | 2015 | Aquakids Kaiserslautern | 05:42,97 | 323 |
| | 100m: 01:20,90 (01:20,90) 200m: 02:49,91 (01:29,01) 300m: 04:20,52 (01:30,61) 400m: 05:42,97 (01:22,45) | | | | |
| 2. | Salma Laqtob | 2015 | Mainzer Schwimmverein 01 | 06:39,31 | 204 |
| | 100m: 01:32,50 (01:32,50) 200m: 03:14,66 (01:42,16) 300m: 04:58,31 (01:43,65) 400m: 06:39,31 (01:41,00) | | | | |
| 3. | Klara Fußler | 2015 | Frankenthaler SV 1897 | 07:32,19 | 141 |
| | 100m: 01:48,31 (01:48,31) 200m: 03:45,43 (01:57,12) 300m: 05:42,78 (01:57,35) 400m: 07:32,19 (01:49,41) | | | | |
| 4. | Sophia Thielen | 2015 | White Sharks BKS e.V. | 07:58,77 | 118 |
| | 100m: 01:51,54 (01:51,54) 200m: 03:54,86 (02:03,32) 300m: 05:59,80 (02:04,94) 400m: 07:58,77 (01:58,97) | | | | |

SMK - Jahrgang 2014

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|-----|---|------|--------------------------|----------|-----|
| 1. | Diana Lyzen | 2014 | SG EWR Rheinhessen-Mainz | 05:36,87 | 341 |
| | 100m: 01:21,65 (01:21,65) 200m: 02:48,97 (01:27,32) 300m: 04:15,61 (01:26,64) 400m: 05:36,87 (01:21,26) | | | | |
| 2. | Sofia Leimann | 2014 | Kaiserslauterer SK | 06:11,94 | 253 |
| | 100m: 01:26,28 (01:26,28) 200m: 03:03,80 (01:37,52) 300m: 04:39,91 (01:36,11) 400m: 06:11,94 (01:32,03) | | | | |
| 3. | Zoe Clerget | 2014 | SC Neustadt/Weinstraße | 06:16,63 | 244 |
| | 100m: 01:27,72 (01:27,72) 200m: 03:04,72 (01:37,00) 300m: 04:42,82 (01:38,10) 400m: 06:16,63 (01:33,81) | | | | |
| 4. | Adriana Rieger | 2014 | Ludwigshafener SV | 06:20,44 | 236 |
| | 100m: 01:28,26 (01:28,26) 200m: 03:07,85 (01:39,59) 300m: 04:47,30 (01:39,45) 400m: 06:20,44 (01:33,14) | | | | |
| 5. | Marla Jüngt | 2014 | SG Rhein-Mosel | 06:20,98 | 235 |
| | 100m: 01:29,86 (01:29,86) 200m: 03:08,64 (01:38,78) 300m: 04:47,80 (01:39,16) 400m: 06:20,98 (01:33,18) | | | | |
| 6. | Lilian Wood | 2014 | 1. SSV Ingelheim 1966 | 06:22,00 | 233 |
| | 100m: 01:32,10 (01:32,10) 200m: 03:12,65 (01:40,55) 300m: 04:50,98 (01:38,33) 400m: 06:22,00 (01:31,02) | | | | |
| 7. | Marlene Becker | 2014 | 1. SSV Ingelheim 1966 | 06:22,00 | 233 |
| | 100m: 01:27,84 (01:27,84) 200m: 03:07,62 (01:39,78) 300m: 04:47,32 (01:39,70) 400m: 06:22,00 (01:34,68) | | | | |
| 8. | Alexia Lichtenwaldt | 2014 | TV 08 Baumbach | 06:31,87 | 216 |
| | 100m: 01:35,22 (01:35,22) 200m: 03:17,56 (01:42,34) 300m: 04:59,12 (01:41,56) 400m: 06:31,87 (01:32,75) | | | | |
| 9. | Sophie Besenius | 2014 | Mainzer Schwimmverein 01 | 06:57,34 | 179 |
| | 100m: 01:36,12 (01:36,12) 200m: 03:24,95 (01:48,83) 300m: 05:12,01 (01:47,06) 400m: 06:57,34 (01:45,33) | | | | |
| 10. | Natalie Löwenstein | 2014 | SG Rhein-Mosel | 07:10,46 | 163 |
| | 100m: 01:35,16 (01:35,16) 200m: 03:26,56 (01:51,40) 300m: 05:19,99 (01:53,43) 400m: 07:10,46 (01:50,47) | | | | |
| 11. | Johanna Weber | 2014 | SG Westerwald | 07:22,16 | 150 |
| | 100m: 01:38,10 (01:38,10) 200m: 03:35,56 (01:57,46) 300m: 05:33,31 (01:57,75) 400m: 07:22,16 (01:48,85) | | | | |

SMK - Jahrgang 2013

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|----|---|------|--------------------------|----------|-----|
| 1. | Sarah Bredenköter | 2013 | TV 08 Baumbach | 05:20,56 | 395 |
| | 100m: 01:17,62 (01:17,62) 200m: 02:40,31 (01:22,69) 300m: 04:03,30 (01:22,99) 400m: 05:20,56 (01:17,26) | | | | |
| 2. | Mathilda Rebecca Bings | 2013 | SG EWR Rheinhessen-Mainz | 05:36,22 | 343 |
| | 100m: 01:20,97 (01:20,97) 200m: 02:47,99 (01:27,02) 300m: 04:15,19 (01:27,20) 400m: 05:36,22 (01:21,03) | | | | |
| 3. | Luisa Münch | 2013 | SSC Landau | 05:42,65 | 324 |
| | 100m: 01:17,99 (01:17,99) 200m: 02:46,53 (01:28,54) 300m: 04:16,77 (01:30,24) 400m: 05:42,65 (01:25,88) | | | | |
| 4. | Katharina Sapeta | 2013 | SG Worms | 06:01,78 | 275 |
| | 100m: 01:25,98 (01:25,98) 200m: 02:59,38 (01:33,40) 300m: 04:32,64 (01:33,26) 400m: 06:01,78 (01:29,14) | | | | |
| 5. | Adelina Schnaidt | 2013 | Mainzer Schwimmverein 01 | 06:02,28 | 274 |
| | 100m: 01:25,86 (01:25,86) 200m: 03:00,13 (01:34,27) 300m: 04:33,53 (01:33,40) 400m: 06:02,28 (01:28,75) | | | | |



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noch SMK - Jahrgang 2013

6.	Änni Schultetus	2013	SG EWR Rheinhessen-Mainz	06:04,16	270
	100m: 01:28,69 (01:28,69) 200m: 03:04,60 (01:35,91) 300m: 04:37,23 (01:32,63) 400m: 06:04,16 (01:26,93)				
7.	Elena Peña Wincierz	2013	SC Wörth	06:07,45	262
	100m: 01:23,59 (01:23,59) 200m: 02:57,55 (01:33,96) 300m: 04:34,48 (01:36,93) 400m: 06:07,45 (01:32,97)				
8.	Maya Franke	2013	SSC Landau	06:11,59	254
	100m: 01:27,93 (01:27,93) 200m: 03:04,60 (01:36,67) 300m: 04:41,36 (01:36,76) 400m: 06:11,59 (01:30,23)				
9.	Sarah Prinz	2013	SG EWR Rheinhessen-Mainz	06:13,08	251
	100m: 01:27,58 (01:27,58) 200m: 03:04,96 (01:37,38) 300m: 04:49,15 (01:44,19) 400m: 06:13,08 (01:23,93)				
10.	Germaine Hackel	2013	SC Wörth	06:20,66	236
	100m: 01:26,91 (01:26,91) 200m: 03:05,94 (01:39,03) 300m: 04:48,03 (01:42,09) 400m: 06:20,66 (01:32,63)				
11.	Mila Baulig	2013	SG Worms	06:26,25	226
	100m: 01:29,41 (01:29,41) 200m: 03:08,83 (01:39,42) 300m: 04:48,92 (01:40,09) 400m: 06:26,25 (01:37,33)				
12.	Nora Schimpf	2013	SC Neustadt/Weinstraße	06:28,16	222
	100m: 01:29,59 (01:29,59) 200m: 03:09,16 (01:39,57) 300m: 04:50,44 (01:41,28) 400m: 06:28,16 (01:37,72)				
13.	Zoe Szabo	2013	SG Westerwald	06:35,00	211
	100m: 01:33,97 (01:33,97) 200m: 03:16,69 (01:42,72) 300m: 05:01,28 (01:44,59) 400m: 06:35,00 (01:33,72)				
14.	Zijing Lisa Lin	2013	Aquakids Kaiserslautern	06:37,90	207
	100m: 01:27,09 (01:27,09) 200m: 03:12,76 (01:45,67) 300m: 05:00,00 (01:47,24) 400m: 06:37,90 (01:37,90)				
15.	Marla Ewald	2013	Ludwigshafener SV	06:42,93	199
	100m: 01:31,03 (01:31,03) 200m: 03:13,69 (01:42,66) 300m: 04:59,74 (01:46,05) 400m: 06:42,93 (01:43,19)				
16.	Leni Marie Preuß	2013	SG Rhein-Mosel	06:48,90	190
	100m: 01:29,84 (01:29,84) 200m: 03:16,56 (01:46,72) 300m: 05:05,78 (01:49,22) 400m: 06:48,90 (01:43,12)				

Jahrgang 2012

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Milena Wegele	2012	Mainzer Schwimmverein 01	05:20,63	395
	100m: 01:17,03 (01:17,03) 200m: 02:40,41 (01:23,38) 300m: 04:02,88 (01:22,47) 400m: 05:20,63 (01:17,75)				
2.	Hanna Käfer	2012	SG EWR Rheinhessen-Mainz	05:21,24	393
	100m: 01:17,89 (01:17,89) 200m: 02:41,36 (01:23,47) 300m: 04:04,95 (01:23,59) 400m: 05:21,24 (01:16,29)				
3.	Linnea Frank	2012	Mainzer Schwimmverein 01	05:26,49	374
	100m: 01:14,96 (01:14,96) 200m: 02:38,25 (01:23,29) 300m: 04:04,04 (01:25,79) 400m: 05:26,49 (01:22,45)				
4.	Marie Zündorf	2012	SG EWR Rheinhessen-Mainz	05:27,55	371
	100m: 01:17,64 (01:17,64) 200m: 02:41,77 (01:24,13) 300m: 04:05,86 (01:24,09) 400m: 05:27,55 (01:21,69)				
5.	Carolina Pommer	2012	SG Rhein-Mosel	05:33,36	352
	100m: 01:17,89 (01:17,89) 200m: 02:44,70 (01:26,81) 300m: 04:11,30 (01:26,60) 400m: 05:33,36 (01:22,06)				
6.	Marta Korotchenko	2012	Kaiserslauterer SK	05:35,64	344
	100m: 01:19,77 (01:19,77) 200m: 02:45,77 (01:26,00) 300m: 04:13,32 (01:27,55) 400m: 05:35,64 (01:22,32)				
7.	Ayda Kiarie	2012	SG Worms	05:47,50	310
	100m: 01:21,47 (01:21,47) 200m: 02:50,10 (01:28,63) 300m: 04:20,00 (01:29,90) 400m: 05:47,50 (01:27,50)				
8.	Irem Senhalli	2012	SG Worms	05:47,75	310
	100m: 01:21,19 (01:21,19) 200m: 02:49,13 (01:27,94) 400m: 05:47,75 (02:58,62)				
9.	Juna Bäcker	2012	TV 08 Baumbach	05:53,60	294
	100m: 01:21,50 (01:21,50) 200m: 02:53,03 (01:31,53) 300m: 04:25,66 (01:32,63) 400m: 05:53,60 (01:27,94)				
10.	Lina Döring	2012	TPSV Enkenbach	05:53,93	294
	100m: 01:26,47 (01:26,47) 200m: 02:59,76 (01:33,29) 300m: 04:30,02 (01:30,26) 400m: 05:53,93 (01:23,91)				

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Jahrgang 2011

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Enya Bentz	2011	SC Wörth	05:16,01	413	
	100m: 01:14,88 (01:14,88) 200m: 02:35,59 (01:20,71) 300m: 03:58,04 (01:22,45) 400m: 05:16,01 (01:17,97)					
2.	Nora Wilke	2011	Kaiserslauterer SK	05:16,15	412	
	100m: 01:16,35 (01:16,35) 200m: 02:37,93 (01:21,58) 300m: 03:58,75 (01:20,82) 400m: 05:16,15 (01:17,40)					
3.	Sofia Lecci	2011	1. SSV Ingelheim 1966	05:20,51	396	
	100m: 01:14,57 (01:14,57) 200m: 02:37,36 (01:22,79) 300m: 04:01,35 (01:23,99) 400m: 05:20,51 (01:19,16)					
4.	Angelina Werwein	2011	Ludwigshafener SV	05:30,38	361	
	100m: 01:16,91 (01:16,91) 200m: 02:41,63 (01:24,72) 300m: 04:07,16 (01:25,53) 400m: 05:30,38 (01:23,22)					
5.	Lara Clemens	2011	Schwimm-Team Bingerbrück	05:42,52	324	EnM
	100m: 01:18,88 (01:18,88) 200m: 02:46,61 (01:27,73) 300m: 04:16,51 (01:29,90) 400m: 05:42,52 (01:26,01)					
6.	Stella Dubois	2011	1. Schwimmverein Blau-Weiss Pirmasens	05:45,25	316	EnM
	100m: 01:19,15 (01:19,15) 200m: 02:46,96 (01:27,81) 300m: 04:17,23 (01:30,27) 400m: 05:45,25 (01:28,02)					

abgemeldet

Emie Vandenbussche	2011	SG Rhein-Mosel
Helena Fuhr	2011	1. SSV Ingelheim 1966

Jahrgang 2010

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Zohra Görlitz	2010	Mainzer Schwimmverein 01	05:09,75	438	
	100m: 01:13,76 (01:13,76) 200m: 02:32,80 (01:19,04) 300m: 03:52,88 (01:20,08) 400m: 05:09,75 (01:16,87)					
2.	Emely Kubiczek	2010	Mainzer Schwimmverein 01	05:24,46	381	
	100m: 01:16,22 (01:16,22) 200m: 02:39,05 (01:22,83) 300m: 04:02,43 (01:23,38) 400m: 05:24,46 (01:22,03)					
3.	Elena Wald	2010	SG Rhein-Mosel	05:29,09	365	EnM
	100m: 01:15,46 (01:15,46) 200m: 02:40,34 (01:24,88) 300m: 04:05,87 (01:25,53) 400m: 05:29,09 (01:23,22)					
4.	Finja Kuhn	2010	SSC Landau	05:38,65	335	EnM
	100m: 01:18,12 (01:18,12) 200m: 02:44,18 (01:26,06) 300m: 04:14,02 (01:29,84) 400m: 05:38,65 (01:24,63)					
5.	Sophie Koßmann	2010	Flipper Gerolstein	05:44,64	318	EnM
	100m: 01:23,95 (01:23,95) 200m: 02:54,81 (01:30,86) 300m: 04:25,16 (01:30,35) 400m: 05:44,64 (01:19,48)					

Jahrgang 2009

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Emma Pretz	2009	SG Rhein-Mosel	05:10,87	434	
	100m: 01:13,10 (01:13,10) 200m: 02:31,92 (01:18,82) 300m: 03:52,56 (01:20,64) 400m: 05:10,87 (01:18,31)					
2.	Joscelin Tarpen	2009	Aquakids Kaiserslautern	05:15,01	417	
	100m: 01:13,61 (01:13,61) 200m: 02:33,00 (01:19,39) 300m: 03:54,86 (01:21,86) 400m: 05:15,01 (01:20,15)					
3.	Charlotte Weinandy	2009	SG Rhein-Mosel	05:16,06	413	
	100m: 01:14,88 (01:14,88) 200m: 02:35,54 (01:20,66) 300m: 03:57,02 (01:21,48) 400m: 05:16,06 (01:19,04)					
4.	Katharina Traut	2009	Schwimm-Team Bingerbrück	05:16,75	410	
	100m: 01:14,57 (01:14,57) 200m: 02:35,39 (01:20,82) 300m: 03:57,47 (01:22,08) 400m: 05:16,75 (01:19,28)					
5.	Emilia Solbach	2009	TV 08 Baumbach	05:28,77	366	EnM
	100m: 01:16,24 (01:16,24) 200m: 02:39,47 (01:23,23) 300m: 04:04,86 (01:25,39) 400m: 05:28,77 (01:23,91)					
6.	Silja Sprenger	2009	Schwimm-Team Bingerbrück	05:33,95	350	EnM
	100m: 01:18,12 (01:18,12) 200m: 02:44,93 (01:26,81) 300m: 04:12,78 (01:27,85) 400m: 05:33,95 (01:21,17)					
7.	Emilie Seither	2009	1. Schwimmverein Blau-Weiss Pirmasens	05:39,50	333	EnM
	100m: 01:18,64 (01:18,64) 200m: 02:45,27 (01:26,63) 300m: 04:12,84 (01:27,57) 400m: 05:39,50 (01:26,66)					



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noch Jahrgang 2009

abgemeldet

Clara Freyberg

2009 SG Worms

Jahrgang 2008

1. und Rheinland-Pfalz-Jahrgangsmeisterin

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|----|---|------|--------------------------|----------|-----|-----|
| 1. | Ella Wricke | 2008 | Mainzer Schwimmverein 01 | 04:47,50 | 548 | |
| | 100m: 01:06,97 (01:06,97) 200m: 02:19,59 (01:12,62) 300m: 03:34,15 (01:14,56) 400m: 04:47,50 (01:13,35) | | | | | |
| 2. | Sara Spira | 2008 | SG EWR Rheinhessen-Mainz | 05:03,04 | 468 | |
| | 100m: 01:12,80 (01:12,80) 200m: 02:30,45 (01:17,65) 300m: 03:47,95 (01:17,50) 400m: 05:03,04 (01:15,09) | | | | | |
| 3. | Ricarda Clemens | 2008 | Schwimm-Team Bingerbrück | 05:17,00 | 409 | |
| | 100m: 01:14,43 (01:14,43) 200m: 02:34,96 (01:20,53) 300m: 03:56,66 (01:21,70) 400m: 05:17,00 (01:20,34) | | | | | |
| 4. | Emma Wilhelm | 2008 | SG Rhein-Mosel | 05:18,43 | 403 | |
| | 100m: 01:14,28 (01:14,28) 200m: 02:30,20 (01:15,92) 300m: 03:50,48 (01:20,28) 400m: 05:18,43 (01:27,95) | | | | | |
| 5. | Mara-Emely Kremer | 2008 | SG Rhein-Mosel | 05:25,64 | 377 | EnM |
| | 100m: 01:14,79 (01:14,79) 200m: 02:38,55 (01:23,76) 300m: 04:02,97 (01:24,42) 400m: 05:25,64 (01:22,67) | | | | | |
| 6. | Lena Kornek | 2008 | SSV Mutterstadt | 05:33,84 | 350 | EnM |
| | 100m: 01:16,50 (01:16,50) 200m: 02:42,65 (01:26,15) 300m: 04:10,68 (01:28,03) 400m: 05:33,84 (01:23,16) | | | | | |

Jahrgang 2007

1. und Rheinland-Pfalz-Jahrgangsmeisterin

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|----|---|------|---------------------------------------|----------|-----|-----|
| 1. | Florentine Heischling | 2007 | SG Worms | 05:07,81 | 447 | |
| | 100m: 01:13,43 (01:13,43) 200m: 02:31,81 (01:18,38) 300m: 03:49,97 (01:18,16) 400m: 05:07,81 (01:17,84) | | | | | |
| 2. | Jana Greilach | 2007 | SC Wörth | 05:20,70 | 395 | |
| | 100m: 01:14,30 (01:14,30) 200m: 02:35,95 (01:21,65) 300m: 03:58,97 (01:23,02) 400m: 05:20,70 (01:21,73) | | | | | |
| 3. | Chiara Dubois | 2007 | 1. Schwimmverein Blau-Weiss Pirmasens | 05:28,72 | 367 | EnM |
| | 100m: 01:14,56 (01:14,56) 200m: 02:40,56 (01:26,00) 300m: 04:05,59 (01:25,03) 400m: 05:28,72 (01:23,13) | | | | | |
| 4. | Jule Sünnen | 2007 | White Sharks BKS e.V. | 05:37,26 | 339 | EnM |
| | 100m: 01:16,80 (01:16,80) 200m: 02:41,08 (01:24,28) 300m: 04:08,80 (01:27,72) 400m: 05:37,26 (01:28,46) | | | | | |

Offene Wertung

1. und Rheinland-Pfalz-Meisterin

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|----|---|------|-------------------------------|----------|-----|--|
| 1. | Fiona Dengler-Harles | 1997 | Mainzer Schwimmverein 01 | 04:41,12 | 586 | |
| | 100m: 01:06,34 (01:06,34) 200m: 02:18,00 (01:11,66) 300m: 03:30,28 (01:12,28) 400m: 04:41,12 (01:10,84) | | | | | |
| 2. | Ella Wricke | 2008 | Mainzer Schwimmverein 01 | 04:47,50 | 548 | |
| | 100m: 01:06,97 (01:06,97) 200m: 02:19,59 (01:12,62) 300m: 03:34,15 (01:14,56) 400m: 04:47,50 (01:13,35) | | | | | |
| 3. | Mara Griebel | 2006 | Schwimmclub Delphin Grünstadt | 04:58,33 | 491 | |
| | 100m: 01:09,52 (01:09,52) 200m: 02:24,52 (01:15,00) 300m: 03:41,75 (01:17,23) 400m: 04:58,33 (01:16,58) | | | | | |
| 4. | Sara Spira | 2008 | SG EWR Rheinhessen-Mainz | 05:03,04 | 468 | |
| | 100m: 01:12,80 (01:12,80) 200m: 02:30,45 (01:17,65) 300m: 03:47,95 (01:17,50) 400m: 05:03,04 (01:15,09) | | | | | |
| 5. | Florentine Heischling | 2007 | SG Worms | 05:07,81 | 447 | |
| | 100m: 01:13,43 (01:13,43) 200m: 02:31,81 (01:18,38) 300m: 03:49,97 (01:18,16) 400m: 05:07,81 (01:17,84) | | | | | |
| 6. | Zohra Görlitz | 2010 | Mainzer Schwimmverein 01 | 05:09,75 | 438 | |
| | 100m: 01:13,76 (01:13,76) 200m: 02:32,80 (01:19,04) 300m: 03:52,88 (01:20,08) 400m: 05:09,75 (01:16,87) | | | | | |
| 7. | Emma Pretz | 2009 | SG Rhein-Mosel | 05:10,87 | 434 | |
| | 100m: 01:13,10 (01:13,10) 200m: 02:31,92 (01:18,82) 300m: 03:52,56 (01:20,64) 400m: 05:10,87 (01:18,31) | | | | | |
| 8. | Joscelin Tarpen | 2009 | Aquakids Kaiserslautern | 05:15,01 | 417 | |
| | 100m: 01:13,61 (01:13,61) 200m: 02:33,00 (01:19,39) 300m: 03:54,86 (01:21,86) 400m: 05:15,01 (01:20,15) | | | | | |



noch Wettkampf 39 - 400m Freistil weiblich - offen, Jahrgang, SMK

noch Offene Wertung

9.	Enya Bentz	2011	SC Wörth	05:16,01	413	
	100m: 01:14,88 (01:14,88) 200m: 02:35,59 (01:20,71) 300m: 03:58,04 (01:22,45) 400m: 05:16,01 (01:17,97)					
10.	Charlotte Weinandy	2009	SG Rhein-Mosel	05:16,06	413	
	100m: 01:14,88 (01:14,88) 200m: 02:35,54 (01:20,66) 300m: 03:57,02 (01:21,48) 400m: 05:16,06 (01:19,04)					
11.	Nora Wilke	2011	Kaiserslauterer SK	05:16,15	412	
	100m: 01:16,35 (01:16,35) 200m: 02:37,93 (01:21,58) 300m: 03:58,75 (01:20,82) 400m: 05:16,15 (01:17,40)					
12.	Katharina Traut	2009	Schwimm-Team Bingerbrück	05:16,75	410	
	100m: 01:14,57 (01:14,57) 200m: 02:35,39 (01:20,82) 300m: 03:57,47 (01:22,08) 400m: 05:16,75 (01:19,28)					
13.	Ricarda Clemens	2008	Schwimm-Team Bingerbrück	05:17,00	409	
	100m: 01:14,43 (01:14,43) 200m: 02:34,96 (01:20,53) 300m: 03:56,66 (01:21,70) 400m: 05:17,00 (01:20,34)					
14.	Emma Wilhelm	2008	SG Rhein-Mosel	05:18,43	403	
	100m: 01:14,28 (01:14,28) 200m: 02:30,20 (01:15,92) 300m: 03:50,48 (01:20,28) 400m: 05:18,43 (01:27,95)					
15.	Sofia Lecci	2011	1. SSV Ingelheim 1966	05:20,51	396	
	100m: 01:14,57 (01:14,57) 200m: 02:37,36 (01:22,79) 300m: 04:01,35 (01:23,99) 400m: 05:20,51 (01:19,16)					
16.	Milena Wegele	2012	Mainzer Schwimmverein 01	05:20,63	395	
	100m: 01:17,03 (01:17,03) 200m: 02:40,41 (01:23,38) 300m: 04:02,88 (01:22,47) 400m: 05:20,63 (01:17,75)					
17.	Jana Greilach	2007	SC Wörth	05:20,70	395	
	100m: 01:14,30 (01:14,30) 200m: 02:35,95 (01:21,65) 300m: 03:58,97 (01:23,02) 400m: 05:20,70 (01:21,73)					
18.	Hanna Käfer	2012	SG EWR Rheinhessen-Mainz	05:21,24	393	
	100m: 01:17,89 (01:17,89) 200m: 02:41,36 (01:23,47) 300m: 04:04,95 (01:23,59) 400m: 05:21,24 (01:16,29)					
19.	Emely Kubiczek	2010	Mainzer Schwimmverein 01	05:24,46	381	
	100m: 01:16,22 (01:16,22) 200m: 02:39,05 (01:22,83) 300m: 04:02,43 (01:23,38) 400m: 05:24,46 (01:22,03)					
20.	Mara-Emely Kremer	2008	SG Rhein-Mosel	05:25,64	377	EnM
	100m: 01:14,79 (01:14,79) 200m: 02:38,55 (01:23,76) 300m: 04:02,97 (01:24,42) 400m: 05:25,64 (01:22,67)					
21.	Linnea Frank	2012	Mainzer Schwimmverein 01	05:26,49	374	
	100m: 01:14,96 (01:14,96) 200m: 02:38,25 (01:23,29) 300m: 04:04,04 (01:25,79) 400m: 05:26,49 (01:22,45)					
22.	Marie Zündorf	2012	SG EWR Rheinhessen-Mainz	05:27,55	371	
	100m: 01:17,64 (01:17,64) 200m: 02:41,77 (01:24,13) 300m: 04:05,86 (01:24,09) 400m: 05:27,55 (01:21,69)					
23.	Chiara Dubois	2007	1. Schwimmverein Blau-Weiss Pirmasens	05:28,72	367	EnM
	100m: 01:14,56 (01:14,56) 200m: 02:40,56 (01:26,00) 300m: 04:05,59 (01:25,03) 400m: 05:28,72 (01:23,13)					
24.	Emilia Solbach	2009	TV 08 Baumbach	05:28,77	366	EnM
	100m: 01:16,24 (01:16,24) 200m: 02:39,47 (01:23,23) 300m: 04:04,86 (01:25,39) 400m: 05:28,77 (01:23,91)					
25.	Elena Wald	2010	SG Rhein-Mosel	05:29,09	365	EnM
	100m: 01:15,46 (01:15,46) 200m: 02:40,34 (01:24,88) 300m: 04:05,87 (01:25,53) 400m: 05:29,09 (01:23,22)					
26.	Angelina Werwein	2011	Ludwigshafener SV	05:30,38	361	
	100m: 01:16,91 (01:16,91) 200m: 02:41,63 (01:24,72) 300m: 04:07,16 (01:25,53) 400m: 05:30,38 (01:23,22)					
27.	Carolina Pommer	2012	SG Rhein-Mosel	05:33,36	352	
	100m: 01:17,89 (01:17,89) 200m: 02:44,70 (01:26,81) 300m: 04:11,30 (01:26,60) 400m: 05:33,36 (01:22,06)					
28.	Lena Kornek	2008	SSV Mutterstadt	05:33,84	350	EnM
	100m: 01:16,50 (01:16,50) 200m: 02:42,65 (01:26,15) 300m: 04:10,68 (01:28,03) 400m: 05:33,84 (01:23,16)					
29.	Silja Sprenger	2009	Schwimm-Team Bingerbrück	05:33,95	350	EnM
	100m: 01:18,12 (01:18,12) 200m: 02:44,93 (01:26,81) 300m: 04:12,78 (01:27,85) 400m: 05:33,95 (01:21,17)					
30.	Marta Korotchenko	2012	Kaiserslauterer SK	05:35,64	344	
	100m: 01:19,77 (01:19,77) 200m: 02:45,77 (01:26,00) 300m: 04:13,32 (01:27,55) 400m: 05:35,64 (01:22,32)					
31.	Jule Sünnen	2007	White Sharks BKS e.V.	05:37,26	339	EnM
	100m: 01:16,80 (01:16,80) 200m: 02:41,08 (01:24,28) 300m: 04:08,80 (01:27,72) 400m: 05:37,26 (01:28,46)					
32.	Finja Kuhn	2010	SSC Landau	05:38,65	335	EnM
	100m: 01:18,12 (01:18,12) 200m: 02:44,18 (01:26,06) 300m: 04:14,02 (01:29,84) 400m: 05:38,65 (01:24,63)					
33.	Emilie Seither	2009	1. Schwimmverein Blau-Weiss Pirmasens	05:39,50	333	EnM
	100m: 01:18,64 (01:18,64) 200m: 02:45,27 (01:26,63) 300m: 04:12,84 (01:27,57) 400m: 05:39,50 (01:26,66)					

noch Wettkampf 39 - 400m Freistil weiblich - offen, Jahrgang, SMK

noch Offene Wertung

34.	Lara Clemens	2011	Schwimm-Team Bingerbrück	05:42,52	324	EnM
	100m: 01:18,88 (01:18,88) 200m: 02:46,61 (01:27,73) 300m: 04:16,51 (01:29,90) 400m: 05:42,52 (01:26,01)					
35.	Sophie Koßmann	2010	Flipper Gerolstein	05:44,64	318	EnM
	100m: 01:23,95 (01:23,95) 200m: 02:54,81 (01:30,86) 300m: 04:25,16 (01:30,35) 400m: 05:44,64 (01:19,48)					
36.	Stella Dubois	2011	1. Schwimmverein Blau-Weiss Pirmasens	05:45,25	316	EnM
	100m: 01:19,15 (01:19,15) 200m: 02:46,96 (01:27,81) 300m: 04:17,23 (01:30,27) 400m: 05:45,25 (01:28,02)					
37.	Ayda Kiarie	2012	SG Worms	05:47,50	310	EnM
	100m: 01:21,47 (01:21,47) 200m: 02:50,10 (01:28,63) 300m: 04:20,00 (01:29,90) 400m: 05:47,50 (01:27,50)					
38.	Irem Senhalli	2012	SG Worms	05:47,75	310	EnM
	100m: 01:21,19 (01:21,19) 200m: 02:49,13 (01:27,94) 400m: 05:47,75 (02:58,62)					
39.	Juna Bäcker	2012	TV 08 Baumbach	05:53,60	294	EnM
	100m: 01:21,50 (01:21,50) 200m: 02:53,03 (01:31,53) 300m: 04:25,66 (01:32,63) 400m: 05:53,60 (01:27,94)					
40.	Lina Döring	2012	TPSV Enkenbach	05:53,93	294	EnM
	100m: 01:26,47 (01:26,47) 200m: 02:59,76 (01:33,29) 300m: 04:30,02 (01:30,26) 400m: 05:53,93 (01:23,91)					