

Wettkampf 63 - 400m Lagen weiblich - offen, Jahrgang

Pflichtzeiten

2012: 06:31,59 2011: 06:20,00 2010: 06:14,09 2009: 06:09,45 2008: 06:07,69 2007: 06:06,38
2006 und älter: 06:02,33

Jahrgang 2012

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Carolina Pommer	2012	SG Rhein-Mosel	06:05,67	384	
	100m: 01:26,43 (01:26,43) 200m: 02:58,78 (01:32,35) 300m: 04:42,93 (01:44,15) 400m: 06:05,67 (01:22,74)					
2.	Milena Wegele	2012	Mainzer Schwimmverein 01	06:08,96	374	
	100m: 01:29,10 (01:29,10) 200m: 03:00,17 (01:31,07) 300m: 04:51,81 (01:51,64) 400m: 06:08,96 (01:17,15)					
3.	Marie Zündorf	2012	SG EWR Rheinhessen-Mainz	06:16,50	352	
	100m: 01:32,72 (01:32,72) 200m: 03:10,22 (01:37,50) 300m: 04:50,17 (01:39,95) 400m: 06:16,50 (01:26,33)					
4.	Eva Gensty	2012	TV 08 Baumbach	06:18,03	347	
	100m: 01:33,43 (01:33,43) 200m: 03:07,18 (01:33,75) 300m: 04:54,03 (01:46,85) 400m: 06:18,03 (01:24,00)					

Jahrgang 2011

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Enya Bentz	2011	SC Wörth	05:56,90	413	
	100m: 01:24,73 (01:24,73) 200m: 02:59,30 (01:34,57) 300m: 04:38,10 (01:38,80) 400m: 05:56,90 (01:18,80)					
2.	Kim Lucy Hausmann	2011	SG Rhein-Mosel	06:15,01	356	
	100m: 01:34,54 (01:34,54) 200m: 03:11,57 (01:37,03) 300m: 04:48,14 (01:36,57) 400m: 06:15,01 (01:26,87)					

abgemeldet

Helena Fuhr 2011 1. SSV Ingelheim 1966

Jahrgang 2010

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Elena Wald	2010	SG Rhein-Mosel	06:08,32	376	
	100m: 01:27,23 (01:27,23) 200m: 02:59,35 (01:32,12) 300m: 04:45,57 (01:46,22) 400m: 06:08,32 (01:22,75)					
2.	Sina Gensty	2010	TV 08 Baumbach	06:20,86	340	EnM
	100m: 01:36,64 (01:36,64) 200m: 03:14,14 (01:37,50) 300m: 04:55,59 (01:41,45) 400m: 06:20,86 (01:25,27)					

Jahrgang 2009

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Judith Sieberg	2009	WSV Speyer	06:17,65	348	EnM
	100m: 01:22,65 (01:22,65) 200m: 02:57,89 (01:35,24) 300m: 04:50,94 (01:53,05) 400m: 06:17,65 (01:26,71)					

abgemeldet

Clara Freyberg 2009 SG Worms

Jahrgang 2008

1. und Rheinland-Pfalz-Jahrgangsmeisterin

	Emma Wilhelm	2008	SG Rhein-Mosel	05:51,70	432	
	100m: 01:21,93 (01:21,93) 200m: 02:56,80 (01:34,87) 300m: 04:30,75 (01:33,95) 400m: 05:51,70 (01:20,95)					
2.	Maren Dohn	2008	Schwimmclub Delphin Grünstadt	06:11,08	367	EnM
	100m: 01:21,26 (01:21,26) 200m: 02:57,94 (01:36,68) 300m: 04:46,49 (01:48,55) 400m: 06:11,08 (01:24,59)					
3.	Marlene Kopf	2008	SSC Landau	06:29,30	318	EnM
	100m: 01:31,23 (01:31,23) 200m: 03:06,28 (01:35,05) 300m: 05:02,72 (01:56,44) 400m: 06:29,30 (01:26,58)					



noch Wettkampf 63 - 400m Lagen weiblich - offen, Jahrgang

Jahrgang 2007

1. und Rheinland-Pfalz-Jahrgangsmeisterin

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|----|---|------|--------------------|----------|-----|
| 1. | Emmelie Stief | 2007 | Kaiserslauterer SK | 05:41,56 | 471 |
| | 100m: 01:20,57 (01:20,57) 200m: 02:49,21 (01:28,64) 300m: 04:22,67 (01:33,46) 400m: 05:41,56 (01:18,89) | | | | |
| 2. | Emelie Braun | 2007 | TV 08 Baumbach | 05:59,91 | 403 |
| | 100m: 01:17,77 (01:17,77) 200m: 02:53,56 (01:35,79) 300m: 04:33,65 (01:40,09) 400m: 05:59,91 (01:26,26) | | | | |

Offene Wertung

1. und Rheinland-Pfalz-Meisterin

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|-----|---|------|-------------------------------|----------|-----|-----|
| 1. | Fiona Dengler-Harles | 1997 | Mainzer Schwimmverein 01 | 05:28,70 | 529 | |
| | 100m: 01:13,46 (01:13,46) 200m: 02:43,40 (01:29,94) 300m: 04:16,11 (01:32,71) 400m: 05:28,70 (01:12,59) | | | | | |
| 2. | Emmelie Stief | 2007 | Kaiserslauterer SK | 05:41,56 | 471 | |
| | 100m: 01:20,57 (01:20,57) 200m: 02:49,21 (01:28,64) 300m: 04:22,67 (01:33,46) 400m: 05:41,56 (01:18,89) | | | | | |
| 3. | Jule Huhn | 2006 | VfR Simmern | 05:47,55 | 447 | |
| | 100m: 01:18,60 (01:18,60) 200m: 02:51,04 (01:32,44) 300m: 04:31,97 (01:40,93) 400m: 05:47,55 (01:15,58) | | | | | |
| 4. | Emma Wilhelm | 2008 | SG Rhein-Mosel | 05:51,70 | 432 | |
| | 100m: 01:21,93 (01:21,93) 200m: 02:56,80 (01:34,87) 300m: 04:30,75 (01:33,95) 400m: 05:51,70 (01:20,95) | | | | | |
| 5. | Enya Bentz | 2011 | SC Wörth | 05:56,90 | 413 | |
| | 100m: 01:24,73 (01:24,73) 200m: 02:59,30 (01:34,57) 300m: 04:38,10 (01:38,80) 400m: 05:56,90 (01:18,80) | | | | | |
| 6. | Emelie Braun | 2007 | TV 08 Baumbach | 05:59,91 | 403 | |
| | 100m: 01:17,77 (01:17,77) 200m: 02:53,56 (01:35,79) 300m: 04:33,65 (01:40,09) 400m: 05:59,91 (01:26,26) | | | | | |
| 7. | Carolina Pommer | 2012 | SG Rhein-Mosel | 06:05,67 | 384 | |
| | 100m: 01:26,43 (01:26,43) 200m: 02:58,78 (01:32,35) 300m: 04:42,93 (01:44,15) 400m: 06:05,67 (01:22,74) | | | | | |
| 8. | Elena Wald | 2010 | SG Rhein-Mosel | 06:08,32 | 376 | |
| | 100m: 01:27,23 (01:27,23) 200m: 02:59,35 (01:32,12) 300m: 04:45,57 (01:46,22) 400m: 06:08,32 (01:22,75) | | | | | |
| 9. | Milena Wegele | 2012 | Mainzer Schwimmverein 01 | 06:08,96 | 374 | |
| | 100m: 01:29,10 (01:29,10) 200m: 03:00,17 (01:31,07) 300m: 04:51,81 (01:51,64) 400m: 06:08,96 (01:17,15) | | | | | |
| 10. | Maren Dohn | 2008 | Schwimmclub Delphin Grünstadt | 06:11,08 | 367 | EnM |
| | 100m: 01:21,26 (01:21,26) 200m: 02:57,94 (01:36,68) 300m: 04:46,49 (01:48,55) 400m: 06:11,08 (01:24,59) | | | | | |
| 11. | Kim Lucy Hausmann | 2011 | SG Rhein-Mosel | 06:15,01 | 356 | |
| | 100m: 01:34,54 (01:34,54) 200m: 03:11,57 (01:37,03) 300m: 04:48,14 (01:36,57) 400m: 06:15,01 (01:26,87) | | | | | |
| 12. | Marie Zündorf | 2012 | SG EWR Rheinhessen-Mainz | 06:16,50 | 352 | |
| | 100m: 01:32,72 (01:32,72) 200m: 03:10,22 (01:37,50) 300m: 04:50,17 (01:39,95) 400m: 06:16,50 (01:26,33) | | | | | |
| 13. | Judith Sieberg | 2009 | WSV Speyer | 06:17,65 | 348 | EnM |
| | 100m: 01:22,65 (01:22,65) 200m: 02:57,89 (01:35,24) 300m: 04:50,94 (01:53,05) 400m: 06:17,65 (01:26,71) | | | | | |
| 14. | Eva Gensty | 2012 | TV 08 Baumbach | 06:18,03 | 347 | |
| | 100m: 01:33,43 (01:33,43) 200m: 03:07,18 (01:33,75) 300m: 04:54,03 (01:46,85) 400m: 06:18,03 (01:24,00) | | | | | |
| 15. | Sina Gensty | 2010 | TV 08 Baumbach | 06:20,86 | 340 | EnM |
| | 100m: 01:36,64 (01:36,64) 200m: 03:14,14 (01:37,50) 300m: 04:55,59 (01:41,45) 400m: 06:20,86 (01:25,27) | | | | | |
| 16. | Marlene Kopf | 2008 | SSC Landau | 06:29,30 | 318 | EnM |
| | 100m: 01:31,23 (01:31,23) 200m: 03:06,28 (01:35,05) 300m: 05:02,72 (01:56,44) 400m: 06:29,30 (01:26,58) | | | | | |