

## **Abschnitt 4 - Sonntag 29.06.2025**

Einlass: 00:00 nach Abs.3 | Einschwimmen: 00:00 nach Abs.3 | Kampfrichtersitzung: 00:30 nach Abs.3  
Beginn: 01:00 nach Abs.3

### **Anzahl Meldungen, Abschnitt 4**

Teilnehmer: weiblich/männlich    Meldungen: Einzel/Staffel

*Hessischer Schwimm-Verband (LSV-Nr.: 7)*

| Verein                        | DSV-Id | Teilnehmer  | Abs.4       |
|-------------------------------|--------|-------------|-------------|
| Rheingauer Schwimmclub        | 4067   | 0/ 1        | 1/ 0        |
| <b>Gesamt für den Verband</b> |        | <b>0/ 1</b> | <b>1/ 0</b> |

*Schwimmverband Rheinland (LSV-Nr.: 10)*

| Verein                        | DSV-Id | Teilnehmer     | Abs.4          |
|-------------------------------|--------|----------------|----------------|
| Flipper Gerolstein            | 3613   | 3/ 6           | 10/ 0          |
| Idarer TV                     | 3614   | 0/ 1           | 1/ 0           |
| SFC Nahetal 05                | 6072   | 9/ 3           | 14/ 1          |
| SG Rhein-Mosel                | 7130   | 39/ 50         | 114/ 9         |
| SG Westerwald                 | 4985   | 7/ 1           | 8/ 1           |
| ST Daaden-Wissen              | 4990   | 8/ 9           | 18/ 2          |
| TG Konz 1885                  | 3636   | 6/ 2           | 8/ 2           |
| TV 08 Baumbach                | 3629   | 7/ 8           | 16/ 0          |
| TV 1848 Oberstein             | 3648   | 2/ 1           | 3/ 0           |
| VfR Simmern                   | 3659   | 15/ 11         | 33/ 3          |
| White Sharks BKS e.V.         | 7162   | 8/ 6           | 15/ 0          |
| <b>Gesamt für den Verband</b> |        | <b>104/ 98</b> | <b>240/ 18</b> |

*Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)*

| Verein                        | DSV-Id | Teilnehmer  | Abs.4       |
|-------------------------------|--------|-------------|-------------|
| SC Hellas Wanne-Eickel        | 2834   | 1/ 0        | 1/ 0        |
| <b>Gesamt für den Verband</b> |        | <b>1/ 0</b> | <b>1/ 0</b> |

*Schwimmverband Württemberg (LSV-Nr.: 18)*

| Verein                        | DSV-Id | Teilnehmer  | Abs.4       |
|-------------------------------|--------|-------------|-------------|
| SV Böblingen                  | 2501   | 1/ 0        | 2/ 0        |
| <b>Gesamt für den Verband</b> |        | <b>1/ 0</b> | <b>2/ 0</b> |

*Gesamtzahl der Meldungen*

| Verein              | DSV-Id | Teilnehmer     | Abs.4          |
|---------------------|--------|----------------|----------------|
| <b>Alle Vereine</b> |        | <b>106/ 99</b> | <b>244/ 18</b> |

## **Kampfgericht Abschnitt 4**

| <b>Position</b>  | <b>Name</b>       | <b>Verein</b>              |
|------------------|-------------------|----------------------------|
| Schiedsrichter 1 | Constantin Keitel | SFC Nahetal 05             |
| Schiedsrichter 2 | Sascha Hölzt      | SV Rheinland               |
| Starter 1        | Wolfgang Kugel    | SV Rheinland               |
| Starter 2        | Joachim Ziegler   | SV Rheinland               |
| Schwimmrichter 1 | Natalia Stark     | SC Poseidon Koblenz (SGRM) |
| Schwimmrichter 2 | Michael Bohn      | VfR Simmern                |
| Sprecher 1       | Marc Hetzel       | SC Poseidon Koblenz (SGRM) |
| Auswerter 1      | Thomas Wald       | SV Rheinland               |
| Auswerter 2      | Getraud Schmitt   | Neuwieder SV 09 (SGRM)     |
| Protokollführer  | Thomas Wald       | SV Rheinland               |
| Zeitmessung      | Christoph Müller  | Neuwieder SV 09 (SGRM)     |
| Computer 1       | Julian Martin     | Neuwieder SV 09 (SGRM)     |

### *Zielgericht*

| <b>Position</b> | <b>Name</b>            | <b>Verein</b>              |
|-----------------|------------------------|----------------------------|
| Zielrichter 1   | Sabine Pilger          | SC Poseidon Koblenz (SGRM) |
| Zielrichter 2   | Katharina Bredenkötter | TV 08 Baumbach             |
| Zielrichter 3   | Sandra Trapp           | VfR Simmern                |

### *Zeitgericht 1*

| <b>Position</b>     | <b>Name</b>               | <b>Verein</b>              |
|---------------------|---------------------------|----------------------------|
| Zeitnehmerobmann    | Simon Jung                | SG Westerwald              |
| Zeitnehmer Bahn 1   | Andrea Lieblein-Schädlich | Flipper Gerolstein         |
| Zeitnehmer Bahn 2   | Timo Weicht               | SC Poseidon Koblenz (SGRM) |
| Zeitnehmer Bahn 3   | Jan Lunkenheimer          | SFC Nahetal 05             |
| Zeitnehmer Bahn 4   | Bärbel Bergmann           | ST Daaden-Wissen           |
| Zeitnehmer Bahn 5   | Timo Brill                | SSV Trier (SGRM)           |
| Zeitnehmer Bahn 6   | Robert Leonards           | ST Daaden-Wissen           |
| Reservezeitnehmer 1 | Mariann Steier            | TG Konz 1885               |

### *Zeitgericht 2*

| <b>Position</b>   | <b>Name</b>      | <b>Verein</b>              |
|-------------------|------------------|----------------------------|
| Zeitnehmer Bahn 1 | Mersud Botic     | VfR Simmern                |
| Zeitnehmer Bahn 2 | Jessica Nissen   | TV 08 Baumbach             |
| Zeitnehmer Bahn 3 | Susan Ganskow    | SC Poseidon Koblenz (SGRM) |
| Zeitnehmer Bahn 4 | Mario Pommer     | SC Poseidon Koblenz (SGRM) |
| Zeitnehmer Bahn 5 | Christian Becker | VfR Simmern                |
| Zeitnehmer Bahn 6 | Lena Röver       | SC Poseidon Koblenz (SGRM) |

## **noch Kampfrichter Abschnitt 4**

### *Wendegericht*

| <b>Position</b>         | <b>Name</b>       | <b>Verein</b>         |
|-------------------------|-------------------|-----------------------|
| Wenderichter Obmann     | Larisa Smolenschi | White Sharks BKS e.V. |
| Wenderichter Bahn 1 + 2 | Larisa Smolenschi | White Sharks BKS e.V. |
| Wenderichter Bahn 3 + 4 | Thomas Pöppke     | SFC Nahetal 05        |
| Wenderichter Bahn 5 + 6 | Andrea Thielen    | White Sharks BKS e.V. |

### *Kampfrichter zur Ausbildung*

| <b>Position</b>     | <b>Name</b>  | <b>Verein</b> |
|---------------------|--------------|---------------|
| Schwimmrichter z.A. | Lukas Steier | TG Konz 1885  |

## **Wettkampffolge für Abschnitt 4**

Wettkampf 72 - 400m Freistil weiblich  
Wettkampf 73 - 400m Freistil männlich  
Wettkampf 74 - und WK 75 - 400m Freistil weiblich und männlich - Masters  
Wettkampf 75 - 400m Freistil männlich - Masters  
Wettkampf 76 - 50m Brust weiblich  
Wettkampf 77 - 50m Brust männlich  
Wettkampf 78 - 50m Brust weiblich - Masters  
Wettkampf 79 - 50m Brust männlich - Masters  
Wettkampf 80 - und WK 81 - 1500m Freistil weiblich und männlich  
Wettkampf 81 - 1500m Freistil männlich  
Wettkampf 82 - 50m Freistil weiblich (Finale)  
Wettkampf 83 - 50m Freistil männlich (Finale)  
Wettkampf 84 - 4x100m Lagen weiblich  
Wettkampf 85 - 4x100m Lagen männlich  
Wettkampf 86 - 4x100m L - Masters (weibl. (WK 86) / männl. (WK 87) / mix. (WK 88))  
Wettkampf 87 - 4x100m Lagen männlich - Masters  
Wettkampf 88 - 4x100m Lagen mixed - Masters

## **Wettkampf 72 - 400m Freistil weiblich**

### *Pflichtzeiten*

2012: 06:47,00 2011: 06:37,00 2010: 06:27,00 2009: 06:17,00 2008: 06:07,00  
2007 und älter: 05:37,00

### *Mehrkampf Jahrgang 2015*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein                | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|-----------------------|----------|-----|
| 1.    | Paula Klaeren                                                                                                  | 2015 | SG Rhein-Mosel        | 06:44,72 | 196 |
|       | 100m: 01:32,88 (01:32,88)   200m: 03:17,09 (01:44,21)   300m: 05:04,00 (01:46,91)<br>400m: 06:44,72 (01:40,72) |      |                       |          |     |
| 2.    | Emma Stoffel                                                                                                   | 2015 | TG Konz 1885          | 07:05,36 | 169 |
|       | 100m: 01:43,17 (01:43,17)   200m: 03:35,43 (01:52,26)   300m: 05:24,21 (01:48,78)<br>400m: 07:05,36 (01:41,15) |      |                       |          |     |
| 3.    | Yasmine Zirmi                                                                                                  | 2015 | SG Rhein-Mosel        | 07:32,79 | 140 |
|       | 100m: 01:47,88 (01:47,88)   200m: 03:45,54 (01:57,66)   300m: 05:42,36 (01:56,82)<br>400m: 07:32,79 (01:50,43) |      |                       |          |     |
| 4.    | Sophia Thielen                                                                                                 | 2015 | White Sharks BKS e.V. | 07:39,92 | 134 |
|       | 100m: 01:46,66 (01:46,66)   200m: 03:46,67 (02:00,01)   300m: 05:45,94 (01:59,27)<br>400m: 07:39,92 (01:53,98) |      |                       |          |     |
| 5.    | Maria Eliseev                                                                                                  | 2015 | TV 08 Baumbach        | 07:43,24 | 131 |
|       | 100m: 01:46,09 (01:46,09)   200m: 03:47,06 (02:00,97)   300m: 05:51,42 (02:04,36)<br>400m: 07:43,24 (01:51,82) |      |                       |          |     |
| 6.    | Matilda Bitter                                                                                                 | 2015 | SG Rhein-Mosel        | 07:54,66 | 121 |
|       | 100m: 01:49,05 (01:49,05)   200m: 03:52,72 (02:03,67)   300m: 05:56,27 (02:03,55)<br>400m: 07:54,66 (01:58,39) |      |                       |          |     |

## **noch Wettkampf 72 - 400m Freistil weiblich**

### *noch Mehrkampf Jahrgang 2015*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 7.    | Hannah Palm                                                                                                    | 2015 | SG Rhein-Mosel | 08:02,48 | 116 |
|       | 100m: 01:51,05 (01:51,05)   200m: 03:56,42 (02:05,37)   300m: 06:03,54 (02:07,12)<br>400m: 08:02,48 (01:58,94) |      |                |          |     |
| 8.    | Luisa Pütz                                                                                                     | 2015 | SG Rhein-Mosel | 08:07,36 | 112 |
|       | 100m: 01:52,99 (01:52,99)   200m: 04:00,64 (02:07,65)   300m: 06:06,48 (02:05,84)<br>400m: 08:07,36 (02:00,88) |      |                |          |     |

### abgemeldet

Laura Pizzardini                      2015    TG Konz 1885

### *Mehrkampf Jahrgang 2014*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein           | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|------------------|----------|-----|
| 1.    | Marla Jüngt                                                                                                    | 2014 | SG Rhein-Mosel   | 05:59,67 | 280 |
|       | 100m: 01:27,95 (01:27,95)   200m: 03:01,56 (01:33,61)   300m: 04:33,62 (01:32,06)<br>400m: 05:59,67 (01:26,05) |      |                  |          |     |
| 2.    | Alexia Lichtenwaldt                                                                                            | 2014 | TV 08 Baumbach   | 06:19,07 | 239 |
|       | 100m: 01:31,61 (01:31,61)   200m: 03:10,89 (01:39,28)   300m: 04:48,63 (01:37,74)<br>400m: 06:19,07 (01:30,44) |      |                  |          |     |
| 3.    | Sophia Mathilda Adams                                                                                          | 2014 | SG Rhein-Mosel   | 06:26,25 | 226 |
|       | 100m: 01:28,22 (01:28,22)   200m: 03:08,70 (01:40,48)   300m: 04:50,07 (01:41,37)<br>400m: 06:26,25 (01:36,18) |      |                  |          |     |
| 4.    | Johanna Nissen                                                                                                 | 2014 | TV 08 Baumbach   | 06:29,71 | 220 |
|       | 100m: 01:32,00 (01:32,00)   200m: 03:13,73 (01:41,73)   300m: 04:56,33 (01:42,60)<br>400m: 06:29,71 (01:33,38) |      |                  |          |     |
| 5.    | Nora Pokorni                                                                                                   | 2014 | TG Konz 1885     | 06:40,21 | 203 |
|       | 100m: 01:32,76 (01:32,76)   200m: 03:17,61 (01:44,85)   300m: 05:01,66 (01:44,05)<br>400m: 06:40,21 (01:38,55) |      |                  |          |     |
| 6.    | Lena Schmidt                                                                                                   | 2014 | ST Daaden-Wissen | 06:42,22 | 200 |
|       | 100m: 01:33,08 (01:33,08)   200m: 03:16,83 (01:43,75)   300m: 05:03,61 (01:46,78)<br>400m: 06:42,22 (01:38,61) |      |                  |          |     |
| 7.    | Natalie Löwenstein                                                                                             | 2014 | SG Rhein-Mosel   | 06:44,04 | 197 |
|       | 100m: 01:33,98 (01:33,98)   200m: 03:17,41 (01:43,43)   300m: 05:05,58 (01:48,17)<br>400m: 06:44,04 (01:38,46) |      |                  |          |     |
| 8.    | Leni Schäfer                                                                                                   | 2014 | VfR Simmern      | 06:44,17 | 197 |
|       | 100m: 01:35,54 (01:35,54)   200m: 03:19,51 (01:43,97)   300m: 05:05,99 (01:46,48)<br>400m: 06:44,17 (01:38,18) |      |                  |          |     |
| 9.    | Josephine Bischoff                                                                                             | 2014 | SG Rhein-Mosel   | 07:00,53 | 175 |
|       | 100m: 01:38,34 (01:38,34)   200m: 03:25,31 (01:46,97)   300m: 05:15,28 (01:49,97)<br>400m: 07:00,53 (01:45,25) |      |                  |          |     |

## noch Wettkampf 72 - 400m Freistil weiblich

### *noch Mehrkampf Jahrgang 2014*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 10.   | Johanna Weber                                                                                                  | 2014 | SG Westerwald  | 07:03,40 | 171 |
|       | 100m: 01:34,42 (01:34,42)   200m: 03:23,17 (01:48,75)   300m: 05:17,11 (01:53,94)<br>400m: 07:03,40 (01:46,29) |      |                |          |     |
| 11.   | Sophia Jede                                                                                                    | 2014 | SG Rhein-Mosel | 07:09,57 | 164 |
|       | 100m: 01:41,35 (01:41,35)   200m: 03:32,49 (01:51,14)   300m: 05:23,77 (01:51,28)<br>400m: 07:09,57 (01:45,80) |      |                |          |     |
| 12.   | Marie Lunkenheimer                                                                                             | 2014 | SFC Nahetal 05 | 07:43,16 | 131 |
|       | 100m: 01:46,56 (01:46,56)   200m: 03:48,06 (02:01,50)   300m: 05:52,31 (02:04,25)<br>400m: 07:43,16 (01:50,85) |      |                |          |     |
| 13.   | Julia Stein                                                                                                    | 2014 | SFC Nahetal 05 | 07:59,75 | 118 |
|       | 100m: 01:52,66 (01:52,66)   200m: 03:59,60 (02:06,94)   300m: 06:02,22 (02:02,62)<br>400m: 07:59,75 (01:57,53) |      |                |          |     |
| 14.   | Anette Kin                                                                                                     | 2014 | SFC Nahetal 05 | 08:56,19 | 84  |
|       | 100m: 02:10,37 (02:10,37)   200m: 04:28,37 (02:18,00)   300m: 06:49,37 (02:21,00)<br>400m: 08:56,19 (02:06,82) |      |                |          |     |

### *Mehrkampf Jahrgang 2013*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein                | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|-----------------------|----------|-----|
| 1.    | Sarah Bredenkötter                                                                                             | 2013 | TV 08 Baumbach        | 05:18,42 | 403 |
|       | 100m: 01:14,26 (01:14,26)   200m: 02:36,07 (01:21,81)   300m: 03:59,17 (01:23,10)<br>400m: 05:18,42 (01:19,25) |      |                       |          |     |
| 2.    | Jasmin Brennecke                                                                                               | 2013 | SG Rhein-Mosel        | 05:59,67 | 280 |
|       | 100m: 01:22,19 (01:22,19)   200m: 02:55,32 (01:33,13)   300m: 04:30,47 (01:35,15)<br>400m: 05:59,67 (01:29,20) |      |                       |          |     |
| 3.    | Leni Marie Preuß                                                                                               | 2013 | SG Rhein-Mosel        | 06:22,03 | 233 |
|       | 100m: 01:28,47 (01:28,47)   200m: 03:09,03 (01:40,56)   300m: 04:49,97 (01:40,94)<br>400m: 06:22,03 (01:32,06) |      |                       |          |     |
| 4.    | Anna Lena Kirst                                                                                                | 2013 | White Sharks BKS e.V. | 06:41,59 | 201 |
|       | 100m: 01:33,56 (01:33,56)   200m: 03:16,53 (01:42,97)   300m: 05:01,15 (01:44,62)<br>400m: 06:41,59 (01:40,44) |      |                       |          |     |
| 5.    | Sophia Zwar                                                                                                    | 2013 | SG Rhein-Mosel        | 06:48,94 | 190 |
|       | 100m: 01:35,53 (01:35,53)   200m: 03:24,23 (01:48,70)   300m: 05:12,22 (01:47,99)<br>400m: 06:48,94 (01:36,72) |      |                       |          |     |
| 6.    | Franziska Schädlich                                                                                            | 2013 | Flipper Gerolstein    | 06:52,00 | 186 |
|       | 100m: 01:40,67 (01:40,67)   200m: 03:30,36 (01:49,69)   300m: 05:18,46 (01:48,10)<br>400m: 06:52,00 (01:33,54) |      |                       |          |     |
| 7.    | Luana Serra                                                                                                    | 2013 | TG Konz 1885          | 06:55,82 | 181 |
|       | 100m: 01:39,71 (01:39,71)   200m: 03:29,67 (01:49,96)   300m: 05:18,74 (01:49,07)<br>400m: 06:55,82 (01:37,08) |      |                       |          |     |

## noch Wettkampf 72 - 400m Freistil weiblich

### *noch Mehrkampf Jahrgang 2013*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein      | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|-------------|----------|-----|
| 8.    | Jasmina Botic                                                                                                  | 2013 | VfR Simmern | 07:47,16 | 127 |
|       | 100m: 01:50,21 (01:50,21)   200m: 03:49,66 (01:59,45)   300m: 05:50,46 (02:00,80)<br>400m: 07:47,16 (01:56,70) |      |             |          |     |

#### abgemeldet

Paula Becker                      2013 VfR Simmern

### *Jahrgang 2012*

| Platz                               | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 1. und Rheinland-Jahrgangsmeisterin | Carolina Pommer                                                                                                | 2012 | SG Rhein-Mosel | 05:26,48 | 374 |
|                                     | 100m: 01:15,92 (01:15,92)   200m: 02:39,08 (01:23,16)   300m: 04:03,74 (01:24,66)<br>400m: 05:26,48 (01:22,74) |      |                |          |     |
| 2.                                  | Malva-Stine Trapp                                                                                              | 2012 | VfR Simmern    | 06:07,06 | 263 |
|                                     | 100m: 01:28,87 (01:28,87)   200m: 03:02,12 (01:33,25)   300m: 04:35,96 (01:33,84)<br>400m: 06:07,06 (01:31,10) |      |                |          |     |
| 3.                                  | Isabella Nguyen                                                                                                | 2012 | SG Rhein-Mosel | 06:28,27 | 222 |
|                                     | 100m: 01:31,35 (01:31,35)   200m: 03:12,63 (01:41,28)   300m: 04:52,81 (01:40,18)<br>400m: 06:28,27 (01:35,46) |      |                |          |     |
| 4.                                  | Wiktoria Szczyglowska                                                                                          | 2012 | SFC Nahetal 05 | 06:50,16 | 188 |
|                                     | 100m: 01:37,87 (01:37,87)   200m: 03:23,97 (01:46,10)   300m: 05:10,22 (01:46,25)<br>400m: 06:50,16 (01:39,94) |      |                |          |     |

### *Jahrgang 2011*

| Platz                               | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 1. und Rheinland-Jahrgangsmeisterin | Loreena Tonkaboni                                                                                              | 2011 | SG Rhein-Mosel | 05:44,50 | 318 |
|                                     | 100m: 01:20,67 (01:20,67)   200m: 02:49,10 (01:28,43)   300m: 04:18,03 (01:28,93)<br>400m: 05:44,50 (01:26,47) |      |                |          |     |
| 2.                                  | Ida Becker                                                                                                     | 2011 | VfR Simmern    | 06:01,56 | 275 |
|                                     | 100m: 01:25,62 (01:25,62)   200m: 02:58,53 (01:32,91)   300m: 04:32,25 (01:33,72)<br>400m: 06:01,56 (01:29,31) |      |                |          |     |
| 3.                                  | Constanze Krah                                                                                                 | 2011 | SG Westerwald  | 06:07,04 | 263 |
|                                     | 100m: 01:26,51 (01:26,51)   200m: 03:02,55 (01:36,04)   300m: 04:38,35 (01:35,80)<br>400m: 06:07,04 (01:28,69) |      |                |          |     |
| 4.                                  | Theresa Mader                                                                                                  | 2011 | SG Rhein-Mosel | 06:07,28 | 263 |
|                                     | 100m: 01:26,50 (01:26,50)   200m: 03:01,89 (01:35,39)   300m: 04:36,89 (01:35,00)<br>400m: 06:07,28 (01:30,39) |      |                |          |     |
| 5.                                  | Amelie Kneifel                                                                                                 | 2011 | SFC Nahetal 05 | 06:15,83 | 245 |
|                                     | 100m: 01:29,35 (01:29,35)   200m: 03:09,27 (01:39,92)   300m: 04:47,76 (01:38,49)<br>400m: 06:15,83 (01:28,07) |      |                |          |     |

## noch Wettkampf 72 - 400m Freistil weiblich

### *noch Jahrgang 2011*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 6.    | Luiſe Stein                                                                                                    | 2011 | SFC Nahetal 05 | 06:43,21 | 198 |
|       | 100m: 01:35,40 (01:35,40)   200m: 03:20,54 (01:45,14)   300m: 05:05,13 (01:44,59)<br>400m: 06:43,21 (01:38,08) |      |                |          |     |

#### abgemeldet

Julia Awad 2011 SG Rhein-Mosel

### *Jahrgang 2010*

| Platz                               | Schwimmer(in)                                                                                                  | Jg.  | Verein             | Endzeit  | WA  |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------|------|--------------------|----------|-----|
| 1. und Rheinland-Jahrgangsmeisterin | Melina Stark                                                                                                   | 2010 | SG Rhein-Mosel     | 05:01,79 | 474 |
|                                     | 100m: 01:13,18 (01:13,18)   200m: 02:32,71 (01:19,53)   300m: 03:49,59 (01:16,88)<br>400m: 05:01,79 (01:12,20) |      |                    |          |     |
| 2.                                  | Martha Luiſe Blum                                                                                              | 2010 | SG Rhein-Mosel     | 05:09,69 | 439 |
|                                     | 100m: 01:12,90 (01:12,90)   200m: 02:32,36 (01:19,46)   300m: 03:51,89 (01:19,53)<br>400m: 05:09,69 (01:17,80) |      |                    |          |     |
| 3.                                  | Sophie Koßmann                                                                                                 | 2010 | Flipper Gerolstein | 05:30,43 | 361 |
|                                     | 100m: 01:20,50 (01:20,50)   200m: 02:44,15 (01:23,65)   300m: 04:09,78 (01:25,63)<br>400m: 05:30,43 (01:20,65) |      |                    |          |     |
| 4.                                  | Sina Genſty                                                                                                    | 2010 | TV 08 Baumbach     | 05:31,36 | 358 |
|                                     | 100m: 01:17,35 (01:17,35)   200m: 02:44,76 (01:27,41)   300m: 04:11,62 (01:26,86)<br>400m: 05:31,36 (01:19,74) |      |                    |          |     |
| 5.                                  | Johanna Erbach                                                                                                 | 2010 | VfR Simmern        | 06:10,12 | 257 |
|                                     | 100m: 01:26,83 (01:26,83)   200m: 03:01,59 (01:34,76)   300m: 04:37,82 (01:36,23)<br>400m: 06:10,12 (01:32,30) |      |                    |          |     |

### *Jahrgang 2009*

| Platz                               | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|
| 1. und Rheinland-Jahrgangsmeisterin | Lianne Zoe Haas                                                                                                | 2009 | SG Rhein-Mosel | 05:38,86 | 335 |
|                                     | 100m: 01:16,66 (01:16,66)   200m: 02:43,98 (01:27,32)   300m: 04:12,84 (01:28,86)<br>400m: 05:38,86 (01:26,02) |      |                |          |     |
| 2.                                  | Marit-Henrike Trapp                                                                                            | 2009 | VfR Simmern    | 05:44,31 | 319 |
|                                     | 100m: 01:24,10 (01:24,10)   200m: 02:53,24 (01:29,14)   300m: 04:21,63 (01:28,39)<br>400m: 05:44,31 (01:22,68) |      |                |          |     |
| 3.                                  | Leyna Sophia Weber                                                                                             | 2009 | VfR Simmern    | 05:57,15 | 286 |
|                                     | 100m: 01:21,12 (01:21,12)   200m: 02:53,59 (01:32,47)   300m: 04:27,81 (01:34,22)<br>400m: 05:57,15 (01:29,34) |      |                |          |     |
| 4.                                  | Lenja Elpers                                                                                                   | 2009 | SG Westerwald  | 06:03,18 | 272 |
|                                     | 100m: 01:24,34 (01:24,34)   200m: 02:59,33 (01:34,99)   300m: 04:34,68 (01:35,35)<br>400m: 06:03,18 (01:28,50) |      |                |          |     |



## noch Wettkampf 72 - 400m Freistil weiblich

*noch Jahrgang 2009*

| Platz | Schwimmer(in)     | Jg.  | Verein                | Endzeit | WA |
|-------|-------------------|------|-----------------------|---------|----|
|       | <u>abgemeldet</u> |      |                       |         |    |
|       | Teresa Steinbach  | 2009 | White Sharks BKS e.V. |         |    |

*Offene Wertung*

| Platz                     | Schwimmer(in)                                                                                                  | Jg.  | Verein             | Endzeit  | WA  |
|---------------------------|----------------------------------------------------------------------------------------------------------------|------|--------------------|----------|-----|
| 1. und Rheinlandmeisterin | Melina Stark                                                                                                   | 2010 | SG Rhein-Mosel     | 05:01,79 | 474 |
|                           | 100m: 01:13,18 (01:13,18)   200m: 02:32,71 (01:19,53)   300m: 03:49,59 (01:16,88)<br>400m: 05:01,79 (01:12,20) |      |                    |          |     |
| 2.                        | Jule Huhn                                                                                                      | 2006 | VfR Simmern        | 05:05,09 | 459 |
|                           | 100m: 01:13,30 (01:13,30)   200m: 02:32,27 (01:18,97)   300m: 03:50,61 (01:18,34)<br>400m: 05:05,09 (01:14,48) |      |                    |          |     |
| 3.                        | Martha Luise Blum                                                                                              | 2010 | SG Rhein-Mosel     | 05:09,69 | 439 |
|                           | 100m: 01:12,90 (01:12,90)   200m: 02:32,36 (01:19,46)   300m: 03:51,89 (01:19,53)<br>400m: 05:09,69 (01:17,80) |      |                    |          |     |
| 4.                        | Carolina Pommer                                                                                                | 2012 | SG Rhein-Mosel     | 05:26,48 | 374 |
|                           | 100m: 01:15,92 (01:15,92)   200m: 02:39,08 (01:23,16)   300m: 04:03,74 (01:24,66)<br>400m: 05:26,48 (01:22,74) |      |                    |          |     |
| 5.                        | Sophie Koßmann                                                                                                 | 2010 | Flipper Gerolstein | 05:30,43 | 361 |
|                           | 100m: 01:20,50 (01:20,50)   200m: 02:44,15 (01:23,65)   300m: 04:09,78 (01:25,63)<br>400m: 05:30,43 (01:20,65) |      |                    |          |     |
| 6.                        | Sina Gensty                                                                                                    | 2010 | TV 08 Baumbach     | 05:31,36 | 358 |
|                           | 100m: 01:17,35 (01:17,35)   200m: 02:44,76 (01:27,41)   300m: 04:11,62 (01:26,86)<br>400m: 05:31,36 (01:19,74) |      |                    |          |     |
| 7.                        | Lisanne Zoe Haas                                                                                               | 2009 | SG Rhein-Mosel     | 05:38,86 | 335 |
|                           | 100m: 01:16,66 (01:16,66)   200m: 02:43,98 (01:27,32)   300m: 04:12,84 (01:28,86)<br>400m: 05:38,86 (01:26,02) |      |                    |          |     |
| 8.                        | Marit-Henrike Trapp                                                                                            | 2009 | VfR Simmern        | 05:44,31 | 319 |
|                           | 100m: 01:24,10 (01:24,10)   200m: 02:53,24 (01:29,14)   300m: 04:21,63 (01:28,39)<br>400m: 05:44,31 (01:22,68) |      |                    |          |     |
| 9.                        | Loreena Tonkaboni                                                                                              | 2011 | SG Rhein-Mosel     | 05:44,50 | 318 |
|                           | 100m: 01:20,67 (01:20,67)   200m: 02:49,10 (01:28,43)   300m: 04:18,03 (01:28,93)<br>400m: 05:44,50 (01:26,47) |      |                    |          |     |
| 10.                       | Leyna Sophia Weber                                                                                             | 2009 | VfR Simmern        | 05:57,15 | 286 |
|                           | 100m: 01:21,12 (01:21,12)   200m: 02:53,59 (01:32,47)   300m: 04:27,81 (01:34,22)<br>400m: 05:57,15 (01:29,34) |      |                    |          |     |
| 11.                       | Ida Becker                                                                                                     | 2011 | VfR Simmern        | 06:01,56 | 275 |
|                           | 100m: 01:25,62 (01:25,62)   200m: 02:58,53 (01:32,91)   300m: 04:32,25 (01:33,72)<br>400m: 06:01,56 (01:29,31) |      |                    |          |     |

## noch Wettkampf 72 - 400m Freistil weiblich

### *noch Offene Wertung*

| Platz | Schwimmer(in)                                                                                                  | Jg.  | Verein         | Endzeit  | WA  |     |
|-------|----------------------------------------------------------------------------------------------------------------|------|----------------|----------|-----|-----|
| 12.   | Lenja Elpers                                                                                                   | 2009 | SG Westerwald  | 06:03,18 | 272 |     |
|       | 100m: 01:24,34 (01:24,34)   200m: 02:59,33 (01:34,99)   300m: 04:34,68 (01:35,35)<br>400m: 06:03,18 (01:28,50) |      |                |          |     |     |
| 13.   | Constanze Krah                                                                                                 | 2011 | SG Westerwald  | 06:07,04 | 263 |     |
|       | 100m: 01:26,51 (01:26,51)   200m: 03:02,55 (01:36,04)   300m: 04:38,35 (01:35,80)<br>400m: 06:07,04 (01:28,69) |      |                |          |     |     |
| 14.   | Malva-Stine Trapp                                                                                              | 2012 | VfR Simmern    | 06:07,06 | 263 |     |
|       | 100m: 01:28,87 (01:28,87)   200m: 03:02,12 (01:33,25)   300m: 04:35,96 (01:33,84)<br>400m: 06:07,06 (01:31,10) |      |                |          |     |     |
| 15.   | Theresa Mader                                                                                                  | 2011 | SG Rhein-Mosel | 06:07,28 | 263 |     |
|       | 100m: 01:26,50 (01:26,50)   200m: 03:01,89 (01:35,39)   300m: 04:36,89 (01:35,00)<br>400m: 06:07,28 (01:30,39) |      |                |          |     |     |
| 16.   | Johanna Erbach                                                                                                 | 2010 | VfR Simmern    | 06:10,12 | 257 |     |
|       | 100m: 01:26,83 (01:26,83)   200m: 03:01,59 (01:34,76)   300m: 04:37,82 (01:36,23)<br>400m: 06:10,12 (01:32,30) |      |                |          |     |     |
| 17.   | Amelie Kneifel                                                                                                 | 2011 | SFC Nahetal 05 | 06:15,83 | 245 |     |
|       | 100m: 01:29,35 (01:29,35)   200m: 03:09,27 (01:39,92)   300m: 04:47,76 (01:38,49)<br>400m: 06:15,83 (01:28,07) |      |                |          |     |     |
| 18.   | Isabella Nguyen                                                                                                | 2012 | SG Rhein-Mosel | 06:28,27 | 222 |     |
|       | 100m: 01:31,35 (01:31,35)   200m: 03:12,63 (01:41,28)   300m: 04:52,81 (01:40,18)<br>400m: 06:28,27 (01:35,46) |      |                |          |     |     |
| 19.   | LuiSe Stein                                                                                                    | 2011 | SFC Nahetal 05 | 06:43,21 | 198 | EnM |
|       | 100m: 01:35,40 (01:35,40)   200m: 03:20,54 (01:45,14)   300m: 05:05,13 (01:44,59)<br>400m: 06:43,21 (01:38,08) |      |                |          |     |     |
| 20.   | Wiktorja Szczyglowska                                                                                          | 2012 | SFC Nahetal 05 | 06:50,16 | 188 | EnM |
|       | 100m: 01:37,87 (01:37,87)   200m: 03:23,97 (01:46,10)   300m: 05:10,22 (01:46,25)<br>400m: 06:50,16 (01:39,94) |      |                |          |     |     |